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## CoproELISA™ *Giardia*

Enzyme-Linked Immunosorbent Assay (ELISA) For the detection of *Giardia lamblia* antigens In human feces

#### **Instruction Manual**

Test kit for 96 determinations Catalog Number: 724-01

For *In Vitro* Diagnostic Use For professional use only Store at 2-8°C. **Do Not Freeze** 



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**Intended Use** 

Savyon's CoproELISA $^{\text{TM}}$  Giardia test is an Enzyme-Linked Immunosorbent Assay (ELISA) for detection of Giardia lamblia (G. lamblia) antigens in human fecal specimens collected from patients with gastrointestinal symptoms. The test can be used for fecal specimens submitted for routine clinical testing from adults or children.

For *In-Vitro* Diagnostic Use

#### Introduction

Giardia lamblia (G. lamblia) is one of the most common intestinal parasites in the world, with an estimated 3 million infections per year in humans, contributing to diarrhea and nutritional deficiencies in children in developing regions (1). G. lamblia is a flagellated protozoan parasite that colonizes and reproduces in the small intestine, causing Giardiasis. Giardiasis does not spread via the bloodstream, nor does it spread to other parts of the gastro-intestinal tract, but remains confined to the lumen of the small intestine (2). Giardia trophozoites absorb their nutrients from the lumen of the small intestine, and are anaerobes. Giardia infection can occur through ingestion of dormant cysts in contaminated water, food, or by the faecal-oral route. In humans, infection is symptomatic only about 50% of the cases. Symptoms of infection include (in order of frequency) diarrhea, malaise, excessive gas, steatorrhoea, epigastric pain, bloating, nausea, diminished interest in food, possible (but rare) vomiting which is often violent, and weight loss. People with recurring Giardia infections, particularly those with a lack of IgA, may develop chronic disease (3).

*Giardia* infection in humans is frequently misdiagnosed. Accurate diagnosis requires an antigen test or, if unavailable,

an ova and parasite (O&P) examination of stool. Multiple stool examinations are recommended since the cysts and trophozoites are not shed consistently. *Giardia* infection is conventionally treated with metronidazole, tinidazole or nitazoxanide (4).

#### **Principle of the Test**

- Plates are coated with specific monoclonal antibodies directed against *G. lamblia* antigens.
- Fecal sample to be tested is diluted in stool diluent and incubated with the pre-coated plate. In this step G. lamblia antigens are bound to the immobilized antibodies.
- Non-specific antigens are removed by washing.
- Anti-G. lamblia monoclonal antibody conjugated to horseradish peroxidase (HRP) is added and incubated. In this step the HRP-conjugate is bound to the prebound antigen-antibody complex.
- Unbound conjugate is removed by washing.
- Upon the addition of TMB-substrate, the substrate is hydrolyzed by the peroxidase, yielding a blue solution of the reduced substrate.
- Upon the addition of the stop solution, the blue color turns yellow and should be read by an ELISA reader at a wavelength of 450/620 nm.
- The absorbance is proportional to the number of *G. lamblia* cells present in the sample.

#### Summary of Procedure Manual/Automation\*

Wells of microtiter plate coated with anti-G. lamblia antibodies

Add 100 µl of Negative Control (*Stool diluent*), 100 µl of Positive Control and 100 µl of diluted specimens

Cover plate and incubate 1h at 37°C at 100% humidity

Wash 5 times with Wash Buffer (300  $\mu$ l)

Add 100 µl of HRP-Conjugate (Ready to Use)

Cover plate and incubate 1 h at 37°C at 100% humidity

Wash 5 times with Wash buffer (300 μl)

Add 100 µl of TMB-Substrate

Cover plate and incubate 15 min at room temperature

Add 100 µl of Stop Solution

Read absorbance at 450/620 nm

Calculate and interpret results

#### \*Automation Procedure:

- 50 minutes sample incubation
- Wash cycles volume: 500 µl /well
- 60 minutes HRP-Conjugate incubation
- 10 minutes TMB Substrate

#### Kit contents for Manual/Automation use

#### **Test Kit for 96 determinations:**

 Microtiter plate coated with anti-G. lamblia monoclonal antibodies: 96 break-apart wells (8x12) coated with anti-G. lamblia. monoclonal antibodies, packed in an aluminum pouch containing a desiccant card.

1 plate

Concentrated Wash Buffer (20x): A PBS-Tween buffer.

#### 1 bottle, 100 ml

3. **Stool Diluent (Blue):** A ready-to-use buffer solution. Contains less than 0.05% Proclin as preservative. The Diluent is also to be used as the negative control solution (see TEST PROCEDURE)

2 bottles, 50 ml

4. **HRP-Conjugate (Green):** A ready-to-use solution containing Horseradish peroxidase (HRP) conjugated anti-*G. lamblia* monoclonal antibody.

1 bottle, 16ml

5. **Positive Control:** A ready to use solution containing *G. lamblia* antigen.

1 vial, 2.5 ml

 TMB-Substrate: A ready to use solution contains 3,3'5,5' tetramethylbenzidine as a chromogen and peroxide as a substrate.

1 bottle, 16 ml

 Stop Solution: A ready to use solution. Contains 1M H<sub>2</sub>SO<sub>4</sub>.

1 bottle, 16 ml

8. Disposable plastic pipettes:

100 pc 1 unit

9. Plate cover: 10. Instruction Manual:

1 unit

#### **Materials Required But Not Supplied:**

- 1. Clean test tubes for dilution of patients' stool.
- Adjustable micropipettes, or multichannel pipettes (50-200 and 200-1000μl ranges) and disposable tips.
- 3. Disposable plastic/wooden collectors or teaspoons.
- 4. One-liter volumetric flask.
- 5. One 50 ml volumetric cylinder.
- 6. Wash bottle.
- 7. Absorbent paper.
- 8. Vortex mixer.
- A 37°C water bath with a lid, or a moisture chamber placed in a 37°C incubator.
- 10. ELISA-reader equipped with 450/620 nm filters.
- 11. Distilled or double de-ionized water.
- For Automation use: A centrifuge equipped with a rotor compatible with sample tubes to be used in the automation machine.

## **Warnings and Precautions**

- This kit's Control contains Giardia antigen, which has been inactivated to avoid transmission of infection. Nevertheless, all the Control components supplied in this kit must be handled as potentially infectious agents, according to the recommendations published in the CDC/NIH manual "Biosafety in Micro Biological and Biomedical Laboratories, 1988".
- Reagents should be brought to room temperature before use.

- 3. When handling assay wells, avoid scratching the bottom of the wells because this may result in elevated absorbance readings.
- 4. Stool samples, microassay wells, micropipette tips and disposable stool collectors and tubes should be handled and disposed of as potentially biohazards after use. Wear gloves when doing the test.
- Unused wells must be replaced in the re-sealable pouch with the desiccant to protect them from moisture.
- 6. TMB-Substrate solution is an irritant material to skin and mucous membranes. Avoid direct contact.
- Diluted sulfuric acid (1M H<sub>2</sub>SO<sub>4</sub>) is an irritant agent for the eyes and skin. In case of contact with eyes, immediately flush area with water and consult a physician).

#### **Storage and Shelf-Life of Reagents**

- 1. The expiration date of the kit is given on the label. Expiration dates for each component are listed on individual labels. The kit should be stored between 2° and 8°C and should be returned to the refrigerator as soon as possible after use. Exposure of originally stoppered or sealed components to ambient temperature for a few hours will not cause damage to the reagents. **DO NOT FREEZE!**
- Unused strips must be resealed in the aluminum pouch with the desiccant card, by rolling the open end and sealing tightly with tape over the entire length of the opening.

#### Stool Collection

- 1. Standard collection and handling procedures used inhouse for fecal specimens for culture are appropriate.
- 2. **Preserved stool:** The test is compatible with specimens that were fixed in 10% formalin or in Sodium Acetate Formalin (SAF). Preserved samples can be stored at room temperature for up to 24 months. *The test is not compatible with stool specimens fixed in Polyvinyl Alcohol (PVA)*
- 3. **Unpreserved specimens:** Unpreserved specimens Should be stored between 2° and 8°C and tested within 48 hours after collection. If testing cannot be performed within 48 hours store samples at -20°C, or lower.
- 4. Freezing and thawing of the specimen, especially multiple times, may result in loss of activity due to degradation or proteolysis of the antigens.

# Test Procedure for manual use A. Preparation of Reagents

- Bring all components and clinical specimens to be tested to room temperature. Determine the total number of specimens to be tested. In addition to the specimens, the following must be included in each test: one well of Negative Control (Use Stool Diluent for this purpose) and one well of Positive Control.
- Withdraw the microtiter plate from its aluminum pouch by cutting one end near the seal. Leave the required number of strips (according to the number of specimens to be tested) in the 96 well frame.
- Dilute the Concentrated Wash Buffer 1/20 with doubledeionized or distilled water. For example, in order to prepare one liter of Wash Buffer, add 50 ml of the

Concentrated Wash Buffer to 950 ml of double-deionized or distilled water.

#### **B. Sample Processing**

- 4. Set up one dilution tube for each specimen to be tested. 1.5 mL Eppendorf tubes are recommended for this purpose. Add 400  $\mu$ L Stool Diluent to each tube. Label the tube.
- 5. **Formed samples**: Use a wooden collector or a disposable teaspoon to transfer the fecal specimen to the tube. Transfer approximately 0.1 to 0.15 g of specimen (about the size of a small pea) to the stool Diluent. Mix the collector in the *Stool Diluent* to remove as much sample as possible and squeeze the collector against the side of the tube to express any residual liquid.

**Liquid samples**: transfer 150  $\mu L$  of specimen to the tube. Make sure the liquid specimens are evenly suspended.

- 6. Thoroughly mix (vortex) the fecal specimen to ensure adequate sampling.
- Let the tube stand for at least 10 minutes but not more than 30 minutes until large particulate matter is precipitated (decantation). Use upper liquid phase for testing. DO NOT USE CENTRIFUGE FOR THIS PURPOSE

#### C. Incubation of stool samples and controls

- 8. Pipette 100  $\mu$ l of Positive control and 100 $\mu$ l of Negative Control (i.e., Stool Diluent) into separate wells of the test strip.
- 9. Dispense 100  $\mu$ l of diluted stool samples into separate wells of the test strip using the provided disposable pipettes (the lowest mark on the pipette).
- 10. Cover the strips with a plate cover and incubate for 1h at 37°C in a moisture chamber.
- 11. **Washing step:** Discard the liquid content of the wells. Fill each well with Wash Buffer up to the end of the well (300 µl). Repeat this step 4 times to a total of **FIVE** times. Automatic washing machine can be used.
- 12. Dry the strips and frame by gently tapping them over clean absorbent paper.

#### D. Incubation with Conjugate

- 13. Dispense  $100\mu l$  of ready-to-use conjugate into each well
- 14. Cover the strips with a plate cover and incubate for 1h at 37°C in a moisture chamber.
- 15. Discard the liquid content and wash **FIVE** times as described in steps 11-12.

#### **E. Incubation with TMB Substrate**

- 16. Dispense 100  $\mu$ l of TMB-Substrate into each well, cover the strips with a plate cover and incubate at room temperature for **15 minutes**.
- 17. Stop the reaction by adding  $100\mu l$  of Stop Solution (1M  $H_2SO_4$ ) into each well.

#### F. Determination of Results

18. Determine the absorbance at 450/620 nm and record the results. Determination should not exceed 10 minutes following stopping of the chromogenic reaction.

**Note:** Any air bubbles should be removed before reading. The bottom of the ELISA plate should be carefully wiped

## **Test Procedure for automation use**

#### A. Preparation of Reagents

- Bring all components and clinical specimens to be tested to room temperature. Determine the total number of specimens to be tested. In addition to the specimens, the following must be included in each test: one well of Negative Control (Use Stool Diluent for this purpose) and one well of Positive Control
- 2. Withdraw the microtiter plate from its aluminum pouch by cutting one end near the seal. Leave the required number of strips (according to the number of specimens to be tested) in the 96 well frame.
- Dilute the Concentrated Wash Buffer 1/20 with doubledeionized or distilled water. For example, in order to prepare one liter of Wash Buffer, add 50 ml of the Concentrated Wash Buffer to 950 ml of doubledeionized or distilled water.

#### **B. Sample Processing**

- 4. Set up one sample's dilution tube for each specimen to be tested (use sample's tubes compatible with the available automation equipment). Add 800 μL Stool Diluent to each sample's tube. Label the tube.
- 5. Formed samples: Use a wooden collector or a disposable teaspoon to add the fecal specimen to the sample's tube. Transfer approximately 0.2 to 0.30 g of specimen (about the size of 2 small peas) to the sample's tube. Mix the collector in the Stool Diluent to remove as much sample as possible and squeeze the collector against the side of the tube to extract any residual liquid.
  - **Liquid samples:** transfer 300  $\mu$ L of specimen to the tube. Make sure the liquid specimens are evenly suspended.
- 6. Thoroughly mix (vortex) the fecal specimen to ensure adequate sampling.
- 7. Let the tube stand for at least 10 minutes. Centrifuge the tubes at 1000 g for 30 sec. Ensure that the formed supernatant does not contain large particulate material.
- 8. Transfer the sample's tubes to the corresponding rack at the automation machine.

#### C. Incubation of stool samples and controls

- 9. Pipette 100  $\mu$ l of Positive control and 100 $\mu$ l of Negative Control (i.e., Stool Diluent) into separate wells of the test strip.
- 10. Dispense 100  $\mu$ l of diluted stool samples into separate wells of the test strip.
- 11. Incubate the plate at 37°C for **50 minutes**.
- 12. Perform 5 X **500 μl** wash cycles using the pre-diluted Wash Buffer.
- 13. Perform 2 aspirate cycles with aspirate sweep.

#### D. Incubation with Conjugate

- 14. Dispense 100μl of ready-to-use conjugate into each well.
- 15. Incubate for **60 minutes** at 37°C.
- 16. Repeat washing cycles as described in steps 12-13.

#### **E. Incubation with TMB Substrate**

- 17. Dispense 100  $\mu$ l of TMB-Substrate into each well. Incubate at room temperature for 10 minutes.
- 18. Stop the reaction by adding  $100\mu l$  of Stop Solution (1M  $H_2SO_4$ ) into each well.

#### F. Determination of Results

19. Determine the absorbance at 450/620 nm and record the results.

Please note that each automation machine has specific technical commands. Please implement Savyon's automation procedure for this kit on the operation protocol of your automation equipment.

#### **Test Validation**

For the test to be valid the following criteria must be met. If these criteria are not met the test should be considered invalid and should be repeated.

- Positive Control: The absorbance value should be ≥ 1.0 at 450/620 nm.
- Negative Control: The absorbance value should be ≤ 0.15 at 450/620 nm.

#### **Determination of Cut-Off Value**

The cut-off value (COV) is determined according to the following formula:

 $COV = OD Negative control_{450/620} + 0.15$ 

**Interpretation of Results** 

Absorbance (450/620nm)	Results
O.D < COV	Negative: no detectable G. lamblia antigen
O.D ≥ COV	Positive: relevant levels of G. lamblia
	antigen

#### **Test Limitations**

- 1. The test is not compatible with stool specimens fixed in Polyvinyl Alcohol (PVA).
- Stool preservation in formalin/SAF solution (as performed at the physician's office) should yield a mixture containing up to 1:5 ratio (w:v) of stool in preservative solution.
- Positive result does not exclude the presence of other etiologies. It is therefore advised to take into account all clinical and laboratory data before making final diagnosis and decide upon appropriate patient management.

#### **Performance Characteristics of the Test**

An internal study performed in Israel, a total of 115 stool specimens were evaluated by CoproELISA<sup>TM</sup> Giardia test for presence of *G. lamblia*. Specimens used in the study were identified as Giardia-positive by microscopy. The results of this evaluation are shown in table 1:

Table 1.

	Microscopy		
CoproELISA <sup>™</sup> Giardia	Positive	Negative	
Positive	61	3	
Negative	3	130	

 Sensitivity:
 95.3%
 Specificity:
 97.7%

 PPV:
 95.3
 NPV:
 97.7%

# Cross Reactivity and Interference by Mixed infections

The CoproELISA<sup>TM</sup> Giardia test was evaluated using stool specimens defined as positive for a various gastrointestinal pathogens. No cross-reactivity or interference by mixed infection with any of the pathogens listed below:

. E. dispar, Blastocystis spp. Cryptosporidium spp., D. fragilis, **Precision** 

Table 2: Intra-assay (within-run) precision of the CoproELISA™ Giardia test is shown below:

Sample	No. of Replicates	Mean Value	CV%
Positive	10	0.95	2.9
Negative	10	0.012	*

\* Since the highest value of the negative sample is 0.017, calculation of the negative sample's C.V is not relevant.

#### **Bibliography**

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2 °C 8 °C	Temperature Limitation
[]i	Consult instructions for use
IVD	In Vitro Diagnostic Medical Device
	Manufacturer
EC REP	Authorized European Representative